

# Autumn of Christian Life **Finding Meaning and Joy Amid Change and Loss**

## ***Is there no escape from change?***

Why suffering? Why loss? Am I ready for the future whatever it holds? Where is God in all of this? ***Autumn of Christian Life*** uses scripture, prayer, true stories, drama, choral reading, guided discussions and debate, as well as readings from scholars and theologians, to provide a learning experience designed to answer these questions and move Christians to the “doing” stage.

## ***From Field Testing Leaders:***

- “The process built into this material is interactive, allowing the adults in the group to have a chance to discuss their ideas and to bring forward examples from their own life experiences. The material ... opens up avenues for thought that we often don’t put together in our “busyness” regarding our faith and life responsibilities.” Pastor Lorrie Davison
- “One group member reflected on her life journey and voluntarily reviewed her life priorities. The skit followed by debate in Session 2 was a great format that worked well.” Jon Bennett

## ***The Authors:***

As experienced college educators with broad experience in health care, pharmacy, adult/case study learning, mathematics, science and career planning, Dick and Judy Reuning combine their passion for creating high quality learning experiences with over thirty years of teaching experience in the (Lutheran) church setting at both adult and children’s levels. Through LifeCrossings, LLC – Resources for Life’s Choices, they have committed second careers to publishing learning materials (with companion leader’s guides) that connect Christian faith with the daily challenges of life in American society. Drawing on the guidance of their advisory board, with its breadth of expertise and diverse Christian background, as well as their own experiences as volunteers and board members in the social service arena, they have developed this resource for Christian communities of any denomination.

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**“A powerful part of this discussion resource is that it helps each participant to look seriously at the changes, the losses, the sufferings that we all endure, but it does so by first looking through the Cross and the Resurrection of Christ Jesus! This is a book about hope and joy, and God’s grace through each of our days continues to seep out from every page. ...**

**“This resource helps small groups and individuals challenge each other to examine their lives – the past and the present: to help each other make life-changing choices and decisions; and to encourage each other to reach out with peace, love and justice for all of God’s people.”**

**Dr. Richard W. Bimler  
Past President  
Wheat Ridge Ministries**



Resources for Life’s Choices